

# Students / Parents and Guardians

## Daily Self-Assessment



When you return to school in the fall of 2020, please ask yourself, or each of your children who attend school, these questions before getting ready each day.

If the answer is “yes” to any of these questions for any student, that student is not to attend school. If the student will be absent, please notify the school.

1.	Do you, or your child attending school, have any of these symptoms:		
	- Fever	Yes	No
	- Cough	Yes	No
	- Shortness of Breath / Difficulty Breathing	Yes	No
	- Sore Throat	Yes	No
	- Chills	Yes	No
	- Painful Swallowing	Yes	No
	- Runny Nose / Nasal Congestion	Yes	No
	- Feeling Unwell / Fatigued	Yes	No
	- Nausea / Vomiting / Diarrhea	Yes	No
	- Unexplained loss of appetite	Yes	No
	- Loss of sense of taste or smell	Yes	No
	- Muscle / Joint aches	Yes	No
	- Headache	Yes	No
	- Conjunctivitis (Pink Eye)	Yes	No
2.	Have you or anyone in your household returned from travel outside of Canada in the last 14 days?	Yes	No
3.	Have you or your children attending school had close <u>unprotected*</u> contact (face to face contact within 2 metres) with someone who is ill with cough and / or fever?	Yes	No
4.	Have you or anyone in your household been in close <u>unprotected*</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	Yes	No

\*Unprotected means close contact without appropriate personal protective equipment (PPE)

You do not need to take this form to school every day. Please ask yourself or every child who attends school these questions every day, before getting ready, and decide if each student is able to attend.

If you have answered “Yes” to any of these questions for yourself or for any children who attend school, please **DO NOT** permit that person to enter the school at this time. Please call to let the school know. The student should stay home and use the [COVID-19 Self-Assessment Tool](#) to determine whether or not to be tested for COVID-19.

If you answered “No” to all of these questions, you or your child may attend school.

*These questions were provided by Alberta Education and were developed in consultation with the Chief Medical Officer of Health. Thanks for helping ensure our schools and communities stay well.*