If your child is not feeling well, they must not attend school.

*please contact the school to let us know if your child is feeling unwell. We will let their teacher know and the teacher will contact you to check in and arrange homework as needed.

My child is NOT feeling healthy and well.

PRIMARY SYMPTOMS

- Fever
- Cough (new or worsening chronic cough)
- Shortness of breath of difficulty breathing
 - Runny nose
 - Sore Throat

OPTION A

Book a COVID test through AHS.

Once you have received a negative result **and** your child's symptoms have resolved, you may return to school.

*You are legally required to isolate until you have a negative result and symptoms resolve.

OPTION B

Legally required to isolate for at least 10 days and your symptoms have resolved, whichever is longer.

Your child can return to school **after** the above has been met.

SECONDARY SYMPTOMS

- Chills
- Painful swallowing
 - Stuffy Nose
 - Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
 - Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
 - Loss of sense of smell or taste

Stay home and minimize contact with others until your symptoms resolve, then you may attend school.

